



# March 2020

2:19:20 PM  
 Monday, February 24, 2020  
 9-12 2

10143 /

## Way Academy Breakfast-Detroit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Trix Cereal (24) Applesauce Cup 4oz (22) Juice 100%- 4oz (15) Milk Choice 8oz	<b>3</b> Soft Filled Bread Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz	<b>4</b> Yogurt 4 oz (16) Scooby Doo Grahams WG (21) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz	<b>5</b> Mini Maple Waffle WG (35) Apple Slices 1pkg 1/2c (7) Juice 100%- 4oz (15) Milk Choice 8oz	<b>6</b> * Closed *
<b>9</b> Cinn. Toast Crunch Cereal(RS) (22) Applesauce Cup 4oz (22) Grahams Minis WG (24) Juice 100%- 4oz (15) Milk Choice 8oz	<b>10</b> Mini Cini -(Cold)WG (40) Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz	<b>11</b> Yogurt 4 oz (16) Scooby Doo Grahams WG (21) Banana 1 ea (34) Juice 100%- 4oz (15) Milk Choice 8oz	<b>12</b> Cheese Stick 1 oz (1) CoCoo Krispy Bar (27) Apple Slices 1pkg 1/2c (7) Juice 100%- 4oz (15) Milk Choice 8oz	<b>13</b> * Closed *
<b>16</b> Kix Cereal (14) Applesauce Cup 4oz (22) Grahams Minis WG (24) Juice 100%- 4oz (15) Milk Choice 8oz	<b>17</b> Blueberry Muffin WG IW 2oz Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz	<b>18</b> Yogurt 4 oz (16) Banana 1 ea (34) Grahams Minis WG (24) Juice 100%- 4oz (15) Milk Choice 8oz	<b>19</b> Bagel WG IW (29) Cream Cheese (1) Apple Slices 1pkg 1/2c (7) Juice 100%- 4oz (15) Milk Choice 8oz	<b>20</b> * Closed *
<b>23</b> Cinn. Toast Crunch Cereal(RS) (22) Applesauce Cup 4oz (22) Juice 100%- 4oz (15) Milk Choice 8oz	<b>24</b> Banana Muffin WG IW 2oz Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz	<b>25</b> Yogurt 4 oz (16) Banana 1 ea (34) Grahams Minis WG (24) Juice 100%- 4oz (15) Milk Choice 8oz	<b>26</b> Apple Slices 1pkg 1/2c (7) Lemon Crunch Bar WG (41) Juice 100%- 4oz (15) Milk Choice 8oz	<b>27</b> * Closed *
<b>30</b> Cinn Chex Cereal WG (23) Applesauce Cup 4oz (22) Juice 100%- 4oz (15) Milk Choice 8oz	<b>31</b> Soft Filled Bread Fresh Fruit (22) Juice 100%- 4oz (15) Milk Choice 8oz			

Carb Counts  
 included in  
 parenthesis ( )  
 for each item

\* Carb counts are estimated  
 based on nutrition labels from  
 the manufacturer and USDA  
 data

Milk Carbs:  
 Fat Free White Milk 1/2 Pint  
 (Purple)(12)

\*(V) indicates a vegetarian  
 entree

This institution is an  
 equal opportunity  
 provider.